

COME EXPERIENCE ALL OF

# Anona

Worship. Grow. Serve. Live.



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## **September Worship at Anona**

Jack Stephenson

Senior Pastor 595-2581 x224 Jack@anona.com

In the arena of human discourse, the treatment of each other through agreement and disagreement, one document stands so tall for me. Wesley's sermon on "A Catholic Spirit". From the text of 2nd Kings 10:15, (Is your heart as true to mine as mine is to yours? If it is, give me your hand.).

How we treat each other, especially in discourse, (conversation and debate), matters to Wesley, (and to your pastor). As followers of Christ, our heart is true. Our heart is right toward our brother and sister.

If your heart is right (If I can trust you to love me) says Wesley, I will listen to your opinion. I will feel free to share my own. We can be free to disagree if the trust that we are for the wellbeing of each other.

Never in my memory have we been more divided. Our fragile western culture, based on Christian discourse, is about freedom, and I personally equate freedom with the right of dissent. Often called "freedom of speech" or "the first amendment", we talk about it often.

What we may not realize is the profound influence we Methodists had in that becoming an official part of our culture. Wesley wrote 44 sermons (called then the "standard sermons"), which were carried by circuit riders to every hamlet of the developing new world. His sermon on a catholic spirit was recommended to every church. In it was the Christian concept that we can disagree so long as we love each other. Living in love with each other and all humanity allowed a culture where we could be free to disagree. The Bill of Rights followed shortly thereafter, as the new country sought to define its culture.

This month we will begin with that sermon that so influenced our Christian culture. Then the Bishop will visit and preach and meet with our leaders the second Sunday. Then, the next three Sundays, we will be preaching and studying our ability to disagree while making sure our "hearts are right".

The United Methodist Church is at a crossroads of disagreement in defining our culture. Our nation is at a crossroad that in similar ways will define us. Let's not lose each other in this discourse.

#### September 2 A Catholic Spirit

Sermon by: Dr. John M. Stephenson

Second Kings 2:15

I will do my best to bring a sermon from the 1700's into the present while remaining faithful to the text and spirit of Wesley and his intentions that we be a people who can "think and let think". My prayer for you is that you will be influenced (as I have been) by the mind of one of the most influential Christ followers in history, especially in the United States. Influenced to love those who disagree with you and want the best for them. To be trustable with freedom.

#### September 9

Our Bishop will be speaking at Traditional & Contemporary Services.

Now the head of the council of bishops, Ken Carter is a personal friend to your pastors, a world leader, and the head of the United Methodist Church's governing body. His books, lectures, sermons, and writings have influenced us toward discourse in a trust environment. He has headed the "Way Forward" work on how we disagree on the issue of homosexuality, striving for unity and mutual respect within this discourse.

#### September 16 P.O.V. What is Useful?

Sermon by: Rev. Richard Landon

**Ephesians 4:25-32** 

It's not often that you come across a person that will actually claim that they enjoy conflict. Many of us tend to want to avoid it...sometimes at all costs. What we fail to understand is that avoiding conflict often has a greater cost than engaging in it...if the conflict is engaged in a healthy way. This week we look at what is useful in conflict.

#### September 23 POV - Stretching out with our feelings Ephesians 4: 1-6

Sermon by: Rev. Jeremy Herrington

Dealing with our feelings can be difficult. And in times of conflict, understanding other people's feelings can be even more challenging. This morning, we explore the challenges in relating to others and having empathy for those we are in conflict with, and how through humility, patience, and love we can maintain "the unity of the Spirit in the bond of peace."

September 30 Romans 16:17-18

Sermon by: Dr. John M. Stephenson

I will be wrapping up our study and discourse with finding Empathy through Mission. My text will be from the conclusion of the book of Romans, Chapter 16, verses 17 and 18. Strong words. Let our energy be spent in mission not division. Let our concerns be for the welfare of us all, not ourselves. Take a different path than dividing and offending.

Jack Thous



#### Jeremy Herrington

Minister of Worship Arts 595-2581 x236 jeremy@anona.com

#### A Reflection

It is an exciting time in the life of Anona! As we have been busy moving forward with our Traditional Sanctuary renovations, it has caused me to pause and reflect on our church. It's also reminded me of our work in Natural Church Development that lifts up the "I", "We", and "They", and how that is a part of our calling and mission.

As I'm watching teams work on the refreshing of paint, carpeting, and the beauty of the space it reminds me of the "I", and how much of a blessing it is to have this space to gather and worship in each week. We are blessed to have distinctive spaces for our Traditional, Contemporary, and FX services that reflect the worship that occurs in each place. In Traditional, it is the beauty of the pews and wood, the sounds of organ pipes, the stained glass windows, and the beauty of the cross overlooking it all. It is a place where you (and I) get to come and worship each week.

As I'm watching the teams hard at work rebuilding our choir loft, stairs and new ramp, it reminds me of the beauty of the "we", and how we have the opportunity not only to worship together, but also to serve together. Choir singers, ushers, communion stewards, tech team members, greeters, and more, all serving together as we each live out our calling.

Then I see how the tech team works with the engineers and contractors to add updated projectors, and tie-in the cameras and other new technology, I am reminded of the "They". As a church we have the awesome responsibility to reach out beyond the walls of our church, and with this new technology we will be able to send our Traditional worship services out to our shut-ins who cannot come to our campus, or to reach our winter visitors who go home for the summer, or even to connect to our local senior communities and retirement homes who are looking for a worshipping community.

It all reminds me of the anthem that the choirs will be singing on September 9th, when Bishop Carter comes to visit us at Anona. The song is called "Within These Walls", and my favorite part is the final verse that sings: "BEYOND these walls, send us forward. Beyond these walls, let your will be done. We are your people; you will leave us never, and we shall work together until Your kingdom comes." May we continue to be a place that worships, grows, and serves together, both within these walls and beyond.

Amen.



Gary Thomas

St. Mark's Pastor St. Mark's: 345-8863 Anona: 595-2581 x225 gary@anona.com

My only granddaughter, Charlotte turned one year old on August 31st. What fun it has been watching her grow and develop into a little person. I'm captivated by her smile, laugh, and her big brown eyes. She's improved on her walking and is really moving around quickly. It made me realize that I need to baby proof my house, cause the next time she's here, she will be getting into so many more things. And of course, when she sees something of interest, she wants to hold it, put it in her mouth, drag it around and all those other things that one-year old's like to do.

Someone once said, there are three types of people in the world: those who do not know what is happening; those who watch what is happening; and those who make things happen. Charlotte has progressed in one year through each of those stages. Like all babies, she had no clue what is happening around her, she just wanted her needs met. Then as she grew, she began watching everything around her with greater intensity and her little brain was absorbing all kinds of new stimuli. Now she's beginning to make things happen. No longer content to just watch, she is on the go! Take your eyes off her for just a few minutes and she's getting herself involved into something exciting.

Our faith journey can be very similar. We can feel like we don't know what is happening or why or how we can get a handle on it. Then we may progress where we are watching, reading, hearing, being observers of church and faith as we absorb the nuggets of spiritual knowledge that come to us. Then hopefully, we become doers of the will of God. No longer content to just be watching but becoming involved and active in our faith. That's what's so important about our Anona Multisite, it is a place that Christians take the initiative to get involved in all kinds of ministry. Take your eyes off them for just a few minutes and they are getting themselves involved into something exciting! Come be a part of that!

Blessings,

Pastor Gary

No Game Night in September—we resume October 5th!
No Pancake Breakfast in September—we resume October 6th!
Thrift Store Hours: Monday, Wednesday, & Saturday 9a - noon





#### **Community Groups**

Anona Nights is all about living life together! Groups are the most important thing that we do. We meet at various times during the week and cover a wide variety of activities. From dinner groups to Bible studies, we have a group for you! And, if we don't have your group yet, you can create one as a host. It's super easy. Check out available groups at anona.com/nights, click on the 'community groups' button.

If you have a group of friends already wanting to get together and are looking to have some help with curriculum or getting the word out, we're here! Let us know the details of your group and that you want to become a host. Go to anona.com/nights and click, 'I want to serve'.

#### Serve on a Team

Anona Nights takes a whole team of dedicated volunteers to lead together in ministry. Are you looking to take the next step and get involved beyond worship? We've got a place for you: Kids & Youth ministry, hospitality, events, media team, setup, or hosting a community group. Just text getinvolved to 43506, and we'll be in touch.

#### Sermon Series: I Have Questions

Got Questions? Whether we're asking them out loud or swirling them around silently in our minds, the truth is, we all have questions. In this series, we'll address a few of those questions head on. Because when it comes to tough questions, it's time to start talking.

Our connection together as a church family can carry us through our questions and areas of disagreement. Looking at questions or difference in life from the context of someone ele's point of view can help provide clarity. And lastly we are unified in our mission to share the love of God with the people around us in as many ways as possible. Don't miss the discussions happening during this series during worship & groups.

Note: Anona Nights creates sermon series in connection to our Student Ministry so families can study the same subject together. Student Ministry applies the topic directly to a teenager's perspective, and our adult Community Groups will take the topic deeper from an adult's perspective. We're excited for our families to grow together!







#### Connect With Us

Check us out online: anona.com/nights Like us on Facebook: "Anona Nights" Follow us on Instagram: @AnonaNights





#### **Casey McKinney**

727-595-2581 ex.298 casey@anona.com





#### Middle School & High School Bible Study - Wednesdays 5:30-6:30pm

Middle school and high school students meet in separate groups to learn more about how to interpret and apply God's Word found in scripture. This is an opportunity for students to dive a little deeper into scripture than they would normally find on Sunday Nights. (Doors open at 4:30 for Cafe)

#### Sunday Night Youth Program - (Anona Nights 5-6pm) 6:00-8:00pm

Join us for a time to hang out in a safe environment, play some crazy group games, share a meal together, and worship with our youth band. Also, we break into grade specific small groups and dive into relevant topics in dialogue with each other led by a great team of Adult Small Group Leaders. Bring your friends and we'll see you Sunday!

We encourage students and families to attend Anona Nights worship together from 5-6pm for the full experience. Then, students have youth group and adults can join a community group!



#### Youth Sermon Series - "I Have Questions"

Got questions? Whether we're asking them out loud or swirling them around silently in our minds, the truth is, we all have questions. In this series, we'll address a few of those questions head on. Because when it comes to tough questions, it's time to start talking.

Even through our questions we can be unified in a few different ways, our connection together as a church family can carry us through our questions and areas of disagreement. Looking at questions or differences in life from the context of someone else's point of view can help provide clarity. And lastly we are unified in our mission to share the love of God with the people around us in as many ways as possible. Don't miss the discussion happening together for this series in community groups and on Sunday nights for worship!

#### Rock The Universe September 7-9, 2018

Join us for a weekend of fun and worship at Universal Studios Orlando! Rock The Universe is an annual Christian concert with a lineup of some of your favorite artists. This year's lineup includes Jesus Culture, Lauren Daigle, Trip Lee, Casting Crowns and more. Students will have access to rides and attractions during concerts sessions, too. For details and registration: anona.com/youthevents

#### High School - 3Day Event

Includes 2 nights of Rock The Universe concert series at Universal Studios AND 1 day at Islands Of Adventure, 2 nights stay in a hotel suite, breakfast everyday, and transportation.

High and Middle School - 2Day Event Includes 1 night of Rock The Universe concert series at Universal Studios, 1 night stay in a hotel suite, breakfast, and transportation.







#### **Connect With Us**

Check us out online: anona.com/students
Like us on Facebook: "Anona Student Ministry"
Follow us on Instagram: AnonaYouth







## **Wednesday Worship Arts**

Carol Choir: vpk4-K 4:00-4:30 Chimes: 1st & 2nd grade 4:00-4:30 Kids' Choir: 1st-5th grades 4:30-5:30 Bells: 3rd-5th grade 5:30-6:00

> Learn how to read music, sing, and lead worship! Contact Jamie at jamie@anona.com for more info



The Family Experience (FX) is a worship experience that is centered on a KEY monthly Bible verse. The weekly message is taught through Media, Creative Drama, Engaging Characters and Worship time.

The GOAL of FX is to provide a consistent environment where leaders, parents and kids are learning. This helps families to connect what they hear at church with what is happening at home.

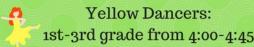
YOU CAN GET INVOLVED!

## EX **LEADERS** HELP:

- PLAN & COORDINATE EVENTS
- ASSIST IN SPECIAL PROJECTS
- · AND SO MUCH MORE FUN!

CONTACT JAMIE@ANONA.COM

## **FX Dance Groups**







**Orange Dancers:** by invitation from 4:45-5:45





Red Dancers: 4th grade and up from 5:45-6:30



Contact Jamie at jamie@anona.com for more info

#### 90000000000



SECOND MONDAY OF THE MONTH Mark your Calendars!





#### FRIENDS & FAMILY

A great time to RELAX & RECONNECT







@anonafx





Pam Reeder - Director of Anona Child Development Center

Phone: 727.593.5437 · Website: anona.com/acdc

#### 2018/2019...Off and Running

The school year is underway and the children and teachers are building our new School Family. Together, they are establishing the routines and rituals of their classrooms, building a firm foundation on which to grow the rest of the year. The children are connecting with their new friends and developing the skills necessary to be a friend and to be successful in a school environment. Remember, this is hard work for these little ones!

Each month we focus on a Conscious Discipline® skill and the value it teaches. We begin with the Power of Perception and the Skill of Composure. Our degree of composure dictates our perception of a situation and our ability to manage the moment. Will we react, or will we respond? When we are composed, we can pause, take a breath, assess the situation, and respond by choosing what we do next. Self-regulation at its best. As adults, we know how difficult this can be. Yet, we find ourselves upset with a child who is melting down in Publix because he can't have a cookie. The child has reacted to not getting what he wanted. Is he a bad child or simply a child who has not yet acquired the skill of Composure and the ability to manage his upset? In his upset state, what is his perception of the situation? Does he see your denial of his want as the end of his world?

How do we help a child handle their upset? First, we model composure for them. We <u>Stop/Smile</u>, <u>Take</u> a deep breath, <u>And Relax</u>. We can handle this situation. From our composed state, we can access the higher centers of our brain and see the situation as an opportunity to teach or reinforce this skill.

We begin to teach and practice the Skill of Composure through breathing techniques for active calming when the child is in an alert, composed state, ready to learn. Then, when they need to access the higher centers of their brain to compose and manage their upset, we can help them choose a breathing technique they already know so they can regain their composure, and successfully handle the situation.



Ask your child to teach you some of their favorite breathing techniques for active calming: S.T.A.R., Pretzel, Drain, Balloon. Which works best for them? Which one works for you? As a School Family, we learn and grow better, *together*.

We would love to help you become a member of our School Family by inviting you to call the school office, see what classes still have openings, and schedule a tour. We look forward to hearing from you!



**Discover**: Promises are easy to make and hard to keep, but not for God. God always keeps His promises. Through the stories of Moses, Abraham, and Noah, we will learn even when we have to wait, God keeps His promises—and they are awesome!

**Explore**: Each month our younger students explore a life app. For September, we are exploring how to "Trust the LORD with all your heart." Proverbs 3:5, NCV

**Nursery**, for 6 weeks – turning 2 year old children available for both the 9:30 am, 11:10 am service and 5 pm services:

- Please label all bags and belongings upon arrival
- 6 weeks 1 year: children play & interact with children their own age feeling safe and loved and that they were created by God's love.

Small Group Discover, for 2 year olds to Pre-K children: available at the 9:30 am, 11:10 am and 5 pm services:

• A creative, imaginative approach to spiritual guidance for children that lets them explore their faith through play, stories, and parables from the bible.

**Small Group Explore**, for K – 5th grade students: available at the 11:10 am & 5 pm services:

• Age appropriate exploration of bible stories presented in FX Service through story, craft & song. This programming will stand alone or enhance the learning of younger students attending the 9:30 am FX Service.

**Announcements**: Volunteers needed for programming above. For more information please reach out to April Maitner at nursery@anona.com or at 727-742-8171.



Have questions, suggestions, or interested in leading a small group? Contact Gary Thomas: gary@anona.com or 595-2581 x225

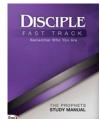


POV - (Point of View): A three week experience that explores how we engage in difficult conversations, where Christians have come to different understandings and interpretation of scripture, through the lens of empathy, context and mission. A space where you can bring your thoughts, guestions, emotions and heart without the fear of being judged or coerced. We are not seeking to agree with one another, we are seeking to understand one another. This will be a space where the spirit of division in our culture is left behind and replaced by a spirit of listening, inquiry, reflection and connection. This is designed to help prepare for the ongoing work and conversation around the Way Forward which will be the agenda for the United Methodist

Church's General Conference in 2019. Come share your point of view as we grow in empathy, understanding, and respective dialogue together. No cost for participants.

Dates: Wednesdays, Sept 19, 26, and Oct 3 Time: 10:30a—Noon or 6:30—8pm in Wesley Hall

Facilitators: Sandy O'Bryant, Larry Cottrell, M.E. Ram, David Snead, Karen Coultas, Ron Fish



#### Disciple (3) Fast Track: Remember Who You Are—Prophets

12 lessons on the Old Testament Major and Minor Prophets (except Daniel). The prophets are continually calling hearers and readers back to their God and to a sense of who they are as a people "set apart." Designed to establish the historical context in which the prophets spoke for God, daily reading assignments draw also on the books of Deuteronomy through Chronicles." This class open to those that have completed Disciple 1. Orientation is Sept 11, first class will be Sept 18.

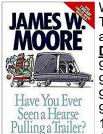
Dates: Tuesdays, Sept 11—Dec 11 Times: 10am—Noon in Room 110 Facilitators: M.E. Ram & Allyson Stinson Costs: Participant Book \$16, scholarships available

What if you were following a plan for your money that you KNEW worked? With Financial Peace University, you CAN take control of your money, get out of debt, and create a plan for your future. Financial Peace University classes will be available at Anona UMC. Open to anyone! Scholarships are available to get you started.

Wed nights at 6pm beginning Sept 5 or Sunday nights at 6pm beginning Sept 9th! Register online: www.anona.com/adultgroups & click on the corresponding link for the night you will be attending. Kick-Off/Orientation meeting on Sunday, August 26, 6pm!



An Introduction to the United Methodist Church. This will be a 5 week Video based study designed to acquaint people with the structure, mission, and beliefs of the United Methodist church. We will learn about John Wesley, his theology, the sacraments of the church and how United Methodist do church. This will be a good opportunity for those from other Christian traditions to come to a greater understanding of the people called "Methodist" and for long time members to refresh their knowledge as we seek to serve our God through Anona United Methodist Church. Costs: Materials \$5 **Dates:** Thursdays, Oct 18—Nov 15 **Time:** 6:30—8pm, Room 110 Facilitators: Gary Thomas & Karen Creamer



We continue and complete our study: Have You Ever Seen a Hearse Pulling a Trailer? Since "You Can't Take It with You," how do you live a life with meaning and purpose. Each lesson is a stand-alone class and requires no previous participation. Join us on the following dates as we discuss:

Date	<u>Title</u>	<u>Scripture</u>
9/06	Intro and review of previous lessons	Luke 18: 18-24
9/13	Chapter 8 – Live Serenely	Matthew 27: 11-14
9/20	Chapter 9 – Live Patiently	Mark 15: 21-32
9/27	Chapter 10 – Live Purposefully	Matthew 6: 25-33
10/4	Chapter 11 – Live Uniquely	1 Corinthians 12: 4-11
10/11	Chapter 12 – And Trust God for Tomorrow	Acts 2: 37-42

**Time:** 6:30—8pm. Room 110 Materials: \$10. scholarships avail. Facilitators: Gary Thomas, Karen Coultas, Larry Cottrell



Fall is just around the corner. If you want to slow down for even just ½ hour, join us at 10:45 Sun-Simply Worship day mornings in the Anona Chapel for quiet worship, acoustic music, and prayer. We are always eager to welcome newcomers. Join us after worship for coffee and conversation as we prepare to head back in to "busy-ness" renewed & refreshed. Contact Bert & Judy Crossman at bert.crossman@tampabay.rr.com

Outreach to Lealman's Adopt-A-Block Join us on Saturday Sept 15, as we travel to Lealman to help with the Florida Dream Center's Adopt-A-Block Program. There are many avenues to serve: food table, gently-used clothing table, community clean-up, or knocking on doors to help those in need. Call Karen Apodaca for info: 727-656-3507.

# Septemb

Sun	Mon	Tue	W
2 RCS Food Pantry 5:00 PM Anona Nights 6:00 PM Youth Group	3 Labor Day Church Closed	4 6:45 AM Men's Group 10:30 AM Grandparents Group 11:00 AM Choraliers 5:30 PM Hands of Praise 6:00 PM Sign Language, Sew Much Fun	5 9:00 AM Walk15® w 10:00 AM Sew 'n Sew 10:30 AM Pastors Stu 5:30 PM MS & HS B 6:00 PM Financial P 6:30 PM AA 7:00 PM Sanctuary 0
9 Change 4 Change 12:30 PM Insight to Anona 5:00 PM Anona Nights 6:00 PM Youth Group, Financial Peace University	10 All Church 6:30 PM 10:00 AM UMW Board 5:00 PM Anona Spirit Night @ Village Inn 7:00 PM Men's Bible Study, King's Ringers	11 6:45 AM Men's Group 10:00 AM Disciple 3—Prophets 10:30 AM Grandparents Group 11:00 AM Choraliers 12:00 PM Priscilla Circle (Glenwood) 5:30 PM Hands of Praise 6:00 PM Sign Language, Sew Much Fun 7:00 PM Women's Bible Study	12 9:00 AM Walk15® w 10:00 AM Sew 'n Sew 10:30 AM Pastors Stu 5:30 PM MS & HS B 6:00 PM Financial P 6:30 PM AA, Missior 7:00 PM Sanctuary 0
16 5:00 PM Anona Nights 6:00 PM Youth Group, Financial Peace University	17 7:00 PM Men's Bible Study, King's Ringers	18 6:45 AM Men's Group 10:00 AM Disciple 3—Prophets 10:30 AM Grandparents Group 11:00 AM Choraliers 5:30 PM Hands of Praise 6:00 PM Sign Language, Sew Much Fun 7:00 PM Women's Bible Study	19 9:00 AM Walk15® w 10:00 AM Sew 'n Sew 10:30 AM Pastors Stu 5:30 PM MS & HS B 6:00 PM Financial P 6:30 PM AA, Point of 7:00 PM Sanctuary 0
23 5:00 PM Anona Nights 6:00 PM Youth Group, Financial Peace University 6:30 PM Book Club	24 7:00 PM Men's Bible Study, King's Ringers	25 6:45 AM Men's Group 10:00 AM Disciple 3—Prophets 10:30 AM Grandparents Group 11:00 AM Choraliers 5:30 PM Hands of Praise, Finance 6:00 PM Sign Language, Sew Much Fun 7:00 PM Women's Bible Study	26 9:00 AM Walk15® w 10:00 AM Sew 'n Sew 10:30 AM Pastors Stu 5:30 PM MS & HS B 6:00 PM Financial P 6:30 PM AA, Point 7:00 PM Sanctuary 0
30 Children's Home Sunday Membership Sunday 5:00 PM Anona Nights 6:00 PM Youth Group, Financial Peace University			

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ith Molly /s  idy (POV) ible Study eace University of View (POV) Choir	27 7:00 AM Lawn Crew 10:00 AM Women's Bible Study 6:30 PM Ever Seen a Hearse 7:00 PM Praise Choir	28 9:00 AM Quilters 2:30 PM Golf Fellowship - Largo Golf Course 8:00 PM Al Anon	29

## **Anona Family Life Counseling Ministry**

Dr. Terry L. Collier, Clinical Director Dina Meitner, LCSW Maria Gustin, LCPC

**Trina Carroll-Houk, EdS** 

727.422.9654

2081 Indian Rocks Road Largo, FL 33774

anona.com/counseling

#### Initiative

What a big word, it reminds me of Genesis 1:1, "In the beginning God created the heavens and the earth." What an example of initiative, one dictionary describes initiative as power to act or take charge.

In counseling we are faced with learning ways to help people initiate the courage to improve whatever is causing them to be sad, angry, or afraid. None of these feelings are bad or wrong in the right circumstance but it is not a place one should want to stay for long periods of time. We try to assist people who have experienced "inertia" as opposed to initiative to acknowledge the resistance and initiate behaviors that can lead to healthier feelings and emotions. Some call this Cognitive Behavioral Therapy, Jesus might say; "My peace I give unto you."



Meister Eckhart once said "The outer work can never be small if the inner work is great. And the outer work cannot be great if the inner work is small."

David Hawkins, not to be confused with Stephen Hawken, worked nearly three decades on developing a scale to determine a person, organization, family, etc. using energy as the unit of measurement to determine level of functioning. The scale is 1-1000 people who measure below 200 are controlled by; guilt, shame, apathy, grief, fear, greed, anger, and pride. As a person or group moves up the scale they experience initiative at each level to grow in courage all the way to transformation which is what the gospel and Jesus offer each of us, this is truly transference of power from the creator to the created.

May we continue to help those who want to exchange sadness for joy, and fear for peace, and anger which is the opposite of power, it is control.

Peace, Love and Joy,

Ferry



Sandy Ross Director caseychev@aol.com 727.430.1316

OPEN ENROLLMENT: The Academy offers individual music lessons to children, youth and adults of all ages on piano, guitar, bass, drums, violin, music theory. Please register on-line at http://www.anona.com/academy or contact Director Sandy Ross. Beginning to advanced students welcome. We will work with your schedule when possible.

WELCOME NEW STUDENTS: Thomas Marlow (Mobley-Guitar)

THANK YOU to Jack Harris for his generous donation of soprano and alto recorders, recorder and vocal music. We plan to use the recorders in Recital 2019.

FALL LESSONS: School studies and music studies go hand in hand – studies have proven that students who study music have consistently higher overall grades. Now is the perfect time to sign up for lessons on that instrument you or you student have been yearning to learn! We have some instruments available for loan for those who wish to try out an instrument before making a purchase.

DONATIONS: Do you have an unused instrument taking up space or sheet music or books that you are not using? The Academy gladly accepts donations of pianos, musical equipment, amplifiers, books and accessories. Tax receipt given upon request. Thank you.

SCHOLARSHIP FUNDS ARE RUNNING LOW: Please consider making a donation to help train up the next generation of Christian musicians. Tax receipt available upon request. You can make a donation by check made out to Anona UMC with "Academy Donation" marked in the memo space. Please place in Sunday offering plate or leave in the Sandy Ross/Academy In Box (bottom row near entrance to Wesley Hall/FX). Thank you!!

REMINDER: Twenty-four hour notice to the teacher is required to cancel lessons without payment, unless in case of emergency, so please make sure you/your child's lessons are noted in your calendar.

Absolute Music vs. Program Music: Program Music is a class of instrumental compositions intended to represent distinct moods or to depict actual scenes, as opposed to Absolute Music, which has no extra-musical connections.

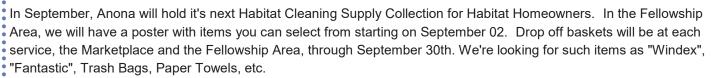
## Missions/Outreach

#### **Cleaning Supply Mission Drive in September**

The 203 Baskets of Cleaning Supplies.

That's how many Home Dedications Anona has provided a Basket of Cleaning Supplies for hardworking, deserving families in Pinellas County.

And 55 of those in just the past 12 months.



The baskets have been loved by the Families, as this is one less expense for them as they move in.

Let's Build (and help Clean)!!

#### Florida United Methodist Children's Home

Sunday, Sept 30th is the Celebration of Fifth Sunday, when your Special Offerings go to the Florida United Methodist Children's Home (FUMCH). About 120 Children live at the 2 Campuses, north of Orlando and east of Tallahassee.



Your Special Gifts support the day to day needs required to provide a safe place for FUMCH kids to live. The Children's Home also provides services such as Foster Care, Community Day Care, Independent Living, and Emergency Shelter care. With all of the On and Off Campus services, your gifts support over 400 children daily.

Your FUMCH Kids Love Anona!! Thanks.

#### Fresh Start Mentoring—Annual Golf Tournament

Men & Women!! It's that time of year in which we celebrate Fresh Start mentoring with a golf tournament at Bayou Club in Largo. The event is Thursday, Sept 27 with a 7:30AM checkin & 8:30AM shotgun start.

Fees are: \$150 per player or \$500 Foursome (that a \$100 discount).

Your registration includes: green fees, cart, door prizes, range balls, and a BBQ lunch. Registration deadline is: September 24.

There are also opportunities to sponsor the event & raffles to enter!

Contact Herb Schluderberg, Golf Chairman for more information: 727-249-6876 or herbschlu@netzero.net.



### CHANGE 4 CHANGE September 9th!

A Student Ministry small group will be collecting your spare change to support a number of mission projects in our community and beyond. Thank you!



NEXT BUILD is: September 8th 8:00AM - 12:00PM



Sign up at the Connection Desk or contact Dave Gerald at 365-2800, email dsgerald@hotmail.com. No construction experience required. You are also welcome to invite a friend.

#### FRIENDS IN FELLOWSHIP SMALL GROUPS AND ACTIVITIES

Walk15 with Molly

A heart-pumping, calorie torching, cardio workout, Walk15® is from the creators of "Walk at Home". Easy to follow, adaptable to all levels of fitness, our 30 minute workout is equivalent to a 2 mile walk. Those 15 minute miles add up to an effective workout for "all walks of life"! Dress comfortably with athletic shoes, and bring a water bottle. Leader to Contact: Molly Schaaf, 727-709-0595. walklivewithmolly@gmail.com



It's Great To Be Grand (Grandparents Group)—Tuesdays at 10:30am

Many grandparents are finding themselves in high level support roles, helping their children raise their own children. Grandparents are becoming more and more involved in their grandchildren's lives: daycare, primary caregivers, transporters, you name it, grandparents do it. This group is a place for grandparents to share in their joy and concerns about these roles while sharing ideas and resources. Want to know more about this group, contact Lee McAuliffe 224-501-5809 or Sandy O'Bryant 727-688-2612. Come experience support and blessings, Tuesdays at 10:30 in the youth room.

Hands of Praise—Tuesdays at 5:30pm—on Summer Break until September

The Hands of Praise choir provides people with a visual opportunity to feel new depths in the messages of Contemporary and Traditional songs during worship. The vision of Hands of Praise is three-fold: loving God by praising God with our hands; loving one another as we accept diversity within our church and the world; and serving others as we go into the community sharing the love of God through the songs. Our Scripture is taken from Psalm 63:4, "I will praise You as long as I live, and in Your Name I will lift up my hands." Contact Nancy Wooten, 727-804-1375, for more information.

Sign Language Class—Tuesdays at 6pm

Have you ever wanted to learn another language? Well, now is your opportunity! A new class of American Sign Language started this year! The instructors are Shayla and Nancy. They are so excited to offer a free class in a small group setting! Are you interested in learning simple signs to communicate with those who are hard of hearing or deaf? Or perhaps you just want to learn to communicate with someone across the room! Then this is the class for you! It meets Tuesdays, 6 to 7:00 p.m. in Room 110. For more information or to register call Nancy Wooten, 727-804-1375.

T'ai Chi qi gong-Wednesdays at 9:30am in Worship Center

This mind-body practice has value in prevention or treating of various health problems. GET STARTED EVEN IF YOU ARE NOT IN SHAPE, LOW-IMPACT, SLOW MOTION EXERCISE.

Mary Fellowship—2nd Thursday of each Month (will resume in Oct)

Mary Fellowship, an Anona small group, meets the second Thursday of each month (currently on summer recess and will resume this fall, October). We always begin our meetings with prayer, followed by refreshments, Christian fellowship, and sharing our concerns & joys. We also contribute to "Women on the Way" at St Petersburg College. New recruits are always welcome. Please contact Judy Crossman with questions: 727-595-6872 or kjcgram@yahoo.com.

Sonseekers/Seasonal Residents (SSR's) ) is a small group who meet for fellowship and activities. The group's mission is to assist seasonal residents become acquainted, provide information about Anona, and grow together spiritually. SSR's meet October through March. A WELCOME BACK GATHERING will be held Friday, October 26th at The Pizza Shack, 11963 Indian Rocks Road, Largo, FL. at 11:30 a.m. If you are interested in joining the SSR's contact Ted Pinkerton, pinkertd@miamioh.edu for additional information. Or, sign-up at the Connection Point to attend. We look forward to getting to know you.



#### All are Welcome to Anona Book Club: September 23

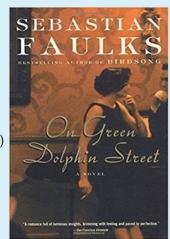
September book: On Green Dolphin Street by Sebastian Faulks Anona Book Club Welcomes All

Discussion on September 23, 2018 at 6:30PM in the Bride's Room: On Green Dolphin Street

From Amazon: "The bestselling author of Birdsong and Charlotte Gray delivers an enthralling, vibrantly evocative novel set in America in 1960, when the country stood poised between the paranoia of the Cold War and the ebullience of the New Frontier." (inside flap)

Plan ahead: October's book is Strange Fits of Passion by Anita Shreve.

As always, our discussions are open to all Anona guests and members. Meetings are typically held the 4th Sunday of the month at 6:30 PM in the Bride's Room, located in the back of the Sanctuary. Consider joining a fun group of happy readers for friendly discussions and on-going learning. Questions? Contact Deanna Comingore, deannacom@att.net, for directions and details.



#### Anona UMW Nut Order Form - 2018

Orders must be received by September 15, 2018

Pick up nut orders in the market place Sunday, November 11 or 18, 2018				
Name: Phone Number:				

Prod #	Type of Nuts	Pre Sale Cost	# Bags Ordered	Total Cost Per Type of Nuts
60000	Fancy Mammoth <b>Pecan Halves</b> - Natural, 1 lb. bag	\$11.00		
60010	Fancy Medium <b>Pecan Pieces</b> - Natural, 1 lb. bag	\$11.00		
60030	Giant Whole Cashews, Roasted & Salted, 1 lb. bag	\$11.00		
60045	Colossal Natural <b>Pistachios</b> , Roasted & Salted, 1 lb. bag	\$10.00		
60080	Heart <b>Healthy Nut Mix</b> , 1 lb. bag	\$8.00		
62015	Milk Chocolate Fruit & Nut (Bridge Mix), 1 lb. bag	\$8.00		
62025	Giant Malted Milk Balls, 1 lb. bag	\$8.00		
		TOTALS:	# Bags	\$

Make chec	k out to:	Anona	UMW
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Mail order form and check to:

Marion Meldrim

12760 Indian Rocks Rd., Apt 1098

Largo, FL 33774

Marion Meldrim will mail you a copy of your receipt.



Use the Nut Form to the left to order your nuts for all your baking and holiday needs!

Simply Cut the form out of the magazine, mark your selections, and submit payment as indicated on the form. Your purchases help us to further the many missions your UMW supports.

> Orders must be received by 9/15 Pick up will be Nov 11 & 18

Thank you & Blessings to all!

#### Men's Ministries for, with, and by Men of Anona

Fall 2018 Men's Expedition "Manhood is a Team Sport" 70th Annual Men's Spiritual Weekend at the Life Enrichment Center in Leesburg, FL Organizer: Michael Maxwell - UMM Florida info@ummflorida.com Starts: Friday, October 19 at 3 pm. Ends: Saturday, October 20 at 4 pm. Keep watching https://ummflconf.org/



The 2018-2019 School Year is upon us and there is a great way for men to get involved! Anona's All Pro Dads Day is looking for more dads and men to join the APDD team. This is a four to six times a year commitment that happens at our local schools between 7:30 and 8:30 am. Contact: Rev. Richard Landon: Richard@anona.com or 727-595-2581 ext 243. Children thrive when dads participate, interact and mentor their kids. All Pro Dads help make that important connection to encourage them, watch them to do good things, help others, and so much more happens here. Contact Richard to see what it means to get involved.

Amount Paid:

Check #:

Cash

Date receipt mailed:

**Anona's Monday Men's Bible study** on Monday evenings at 7 – 8 pm. All men welcomed.

Anona's Tuesday Morning Men's Breakfast Group meets from 6:45 – 7:45 am every Tuesday year round.

Other opportunities for men to serve Christ at Anona: Singing with Anona Chordsmen. Contact the church at 727-595-2581 ext 237. For Fresh Start Probationer mentoring, contact Ian Lennox at 727-482-8379. Inquire at the Connection Point about Habitat for Humanity, Mission trips, Volunteers in Mission (UMVIM) and Disaster preparedness and response with UMCOR.

Fresh Start Golf Tournament is September 27—register by Sept 24. Contact Herb Schluderberg, Golf Chairman for more information: 727-249-6876 or herbschlu@netzero.net or Randy Koser (koser.randy@gmail.com).



# Membership

Membership at Anona is about worshipping, growing, serving and living life together in community. We believe that discipleship is a life-long journey of self-examination and continuous growth, leading to a Christ-like life that serves others and furthers God's Kingdom.

Simply, does worship here connect you with God? Is this a place where you can grow spiritually? Finally, are you moved to make a difference in the world with a servant heart? There are no mandatory classes. There are no minimums in attendance or giving. It is a community of the willing. Saying you want to be a member is like walking through the front door of a house you want to live in.

Membership vows are usually "corporate" in nature where those wishing to join, come forward during worship and vow together with the witness and support of the congregation. For those who do not want to be in front of people in such a public way, vows can be taken privately. Some individuals and families prefer private baptism as well. We are willing to do what is most comfortable for you as you make your commitment to Christ and Christ's church.

We invite our seasonal residents into Affiliate and Associate membership at Anona! Affiliates are members of another United Methodist Church who wish to connect with the life, ministry, and watch-care of our congregation. Associates are members of another Christian denomination who wish to connect with us while retaining their current denominational affiliation.

What is "Insight to Anona?"

We offer "Insight to Anona" classes to those wishing to join or just seeking more information about our church. We meet for an informal time of getting to know each other, while learning more about Anona's history, mission and culture. People leave knowing more about our Bible study classes, book studies, small groups, mission partners and service opportunities, both inside and outside the walls of our church. In summary, it helps you see where you want to get connected as we worship, grow, serve and live life together in Christ!

Insight usually lasts 1-2 hours depending on the number of people and how we move through the tour. If those dates aren't convenient, Sandy Drugash is happy to meet privately at a time that's good for you. **Our next Insight to Anona is Wednesday, September 5th at 10:30am and Sunday, September 9th at 12:30pm in the Front Office** (off of the Fellowship Area). Our next Membership Sunday is September 30th at all of our worship services. Sandy is looking forward to hearing from you! sandy@anona.com or phone 595-2581 x 228.

## **Communications**

#### WHO AND WHERE AM I ??

by Steve Livers, Anona Facilities Manager

Hello to all. First let me apologize for taking so long to send you information about me and more importantly what is happening on the Facilities side of Anona.

I was actually a member of Anona in 1975 when I moved here from the Ft. Lauderdale/Coral Springs area. I then joined Anona after Pastor Jack cornered me with a lawn mower one Thursday morning on Lawn Crew and invited me to come work. Thank You Pastor Jack!

Now as for the "Where am I " part. Hopefully all of you have noticed the new building designation signs. I apologize if they look somewhat institutional but they do serve multiple & very important purposes. First, now all first responders in the county will have the Anona site map on their computers 24 hours a day. Should there be an emergency of any kind, medical, fire or Heaven forbid an active personal threat to our people, we can call 911 and SPECIFY THE BUILDING by name OR letter and they will know where to go. Second, these signs will be helpful for visitors attending Anona for the first time to know which building to go enter. I invite any of you to join me outside on a warm day at the Indian Rocks Road entrance and help direct visitors to go to the Traditional Sanctuary. These signs make is so much more clear.

There's much more I want to share with you in the months ahead. If you have questions or comments please email me: steve@anona.com, or just catch me in church.

## **Our Members**

#### Birthdays 80<sup>th</sup> and Above

09/01 09/02 09/03	Carrie Salked Joan Hoffman Blake Caldwell Peggy Campbell Don Fitzsimmons Albert Wilcox
09/03 09/04 09/05	Larry Von Moll Doris Mettler Billie Dirks Urban Dyer
09/06 09/07 09/09	Diane Hunt Fay Whitley Charmaine Lennox Bob Burnett Marie Hinerman
09/10	Polly Christiano Shirley Magness Kay Rivers
09/11 09/13 09/14	Doris LeBaron Don Haynes Lowell Fisher
09/15	BettyPhelps Barbara Betts Henry Heath Phyllis Montgomery
09/16 09/17	Jackie Demitri Beverley Carbone Jim Spangler
09/18	George Hubbell Hilda Willis
09/21	Herb Leslie Bill Perkins
09/23	Pat Milnes Gail Phillips
09/24 09/26 09/27	Michael Spirtos Donald Wares Michael Hannin
09/28 09/29 09/30	Kathryn Sullivan Charles Horne Pat Rack Samuel DiGennaro Shirley Forrest

#### Anniversaries 25th and Above

09/02	2 Jim & Jennifer Turner	28 yrs.
09/03		58 yrs.
00,00	Roger & Elaine Smith	51 yrs.
	William & Eleanor Walker	58 yrs.
09/04	Lonnie & Mary Hawkins	47 yrs.
	Ed & Laura Woltil	42 yrs.
09/05		37 yrs.
09/08		64 yrs.
09/09		51 yrs.
09/10		41 yrs.
09/11		39 yrs.
	David & Jerri Weatherly	48 yrs.
09/12		37 yrs.
09/13		54 yrs.
	Ralph & Carol Nusca	38 yrs.
09/15	Ted & Janet O'Brien	53 yrs.
09/17	7 Paul & Marilyn Wallace	53 yrs.
09/20	Frank & Francis Davis	38 yrs.
	Phil & Betty Phelps	61 yrs.
09/21	I Richard & Linda Landon, Jr.	33 yrs.
	Bud & Hettie Robinson	55 yrs.
09/22		31 yrs.
	Craig & Holly Koshler	39 yrs.
	Brian & Shelly Sweetland	28 yrs.
09/23	,	69 yrs.
09/24		35 yrs.
09/26		65 yrs.
09/27	,	32 yrs.
09/28		28 yrs.
	Doug & Gayle Moland	27 yrs.
09/29		42 yrs.
	Bob & Shawn Seward	27 yrs.
	Michael & Tracey Short	28 yrs.
09/30	) Larry & Elisabeth Anderson	29 yrs.

#### **Welcome to the Anona Family!**



#### Please be in Prayer for:

The Family of Joe Spirko, who joined in 2009.

The Family of Harriet Matwiejczyk, who joined in 2002.

The Family of Barbara Skaggs, who merged from Faith UMC in 2013.

The Family of Virginia Dews, who joined in 1997.

The Family of Patricia Kostelnik, who joined in 1994.

The Family of Louise Heisel, who joined in 1989.

#### Baptisms:

Giovanna Barbara Jane Cruze Hunter Lawrence Smith

#### **New Members:**

Phyllis Davis Nina Cruze Randi Cruze Tim & Helen Klotz Evelyn Breheney

Printed copies of the complete Birthday and Anniversary lists are available at the Connection Point desk in the Anona Fellowship Area. Join a Stephen Minister in the prayer room after Sunday Services or call 595-2581 x408

## **Stephen Ministry at Anona**

#### Continuation from Aug. 'Hopeless to Hopeful'



God had been giving me nudges, but then came a real SLAP......

From the moment I put my feet on the floor that Sunday in May of 2017, everything unraveled, and the screaming began. By the time we got in the car to go to church, I was crying. Both my grandchildren and I were frustrated and angry. Why was I even going to church? I felt hopeless.

But we took our usual place in the FX service. And then an announcement was made about Stephen Ministry! "Is something heavy on your heart? Are you facing a troubling time?"

There was the SLAP!! The children went on to their meeting, and I headed to the prayer room! I was going to talk to a Stephen Minister!

It was occupied!!! Someone got there ahead of me! The battle was on: "Walk away. Just leave." "Stay here. Don't move." I don't know how long I stood there, but I knew I could not walk away! Then another Stephen Minister took my hand, and we began to talk. We prayed together. I asked for a Stephen Minister.

Within days, I was meeting with my own Stephen Minister selected for me. Here I am lost for words. On my worst days she has shown me faith, hope, love and that I can trust God. She has encouraged me to "give it to God," and reminded me that I don't have to be the one in control. I struggled to believe I could be forgiven and that God wanted and loved me, but now I know that is really true.

This ever growing relationship, this first and foremost love for God in my life is now changing everything. I have forgiven things and people I never thought I could. Although I still struggle some days, I have given up trying to fix and control everything. I pray, walk and sing God's ears off every day. Often I just want to shout the good news from the housetop. Throughout my 58 years, I thought I knew the true meaning of love. I did not. God's love is beyond any word in Webster's dictionary; it is never ending and growing in me,

I thank God for the nudges, slaps and Stephen Ministry. I have gone from hopeless to hope FULL. - Cathi Helm

#### **Caring for our Anona Congregation**

by Gary Thomas - Director of Pastoral Care: 585-2581 ext 225

Enrich your life and the lives of others as the Congregational Care Team partners with Empath Health for Hospice training. This 16 hour course over four weeks will prepare you for many different volunteer opportunities with Hospice and in caring ministry roles with Anona. Learn new skills or use your talents in new ways as we offer hope and help to those in need. You can have a meaningful impact in our church and community as well as enrich your life, by reaping the health and social benefits of volunteering.

Training dates are: Saturday's Oct. 20, 27, Nov 3 & 10.

Time: 8:30a-12:30p

Place: Anona Classroom 110

To learn more, contact Gary Thomas.

#### **Upcoming Support Groups**

**Hope** - Cancer support group. **Thursday, September 5 & 19**, 7:00 pm, in the Fellowship Area. No matter where you are in your journey, we are here to help. Caregivers are also welcome. Contact Joanie Pickens: johnjoanie74702@yahoo.com or 727-366-4106

**Anona Family Life Counseling Center** offers counseling and training services to individuals, couples and families for adults and adolescents for a fee. Also available are therapy groups, personal growth groups, seminars, workshops and presentations on multiple topics. Phone: 727.422.9654. Website: www.anona.com/counselingcenter/

## Anona Sunday Worship Services

8:15am - Traditional in Worship Center\*\*

9:30am - Contemporary in Worship Center

9:30am - FX Family Service in Anona Theater

11:10am - Traditional in Worship Center\*\*

5:00pm - Anona Nights in Worship Center

\*Nursery for 6 weeks old—Preschool children is available 9:15am-12:15pm

\*\*Upon the completion of renovations, Traditional services will move from Worship Center back to our Traditional Sanctuary

## Multi-Site Sunday Worship Services

10:00 A.M. St. Mark's Campus 6801 38<sup>th</sup> Ave N, St Petersburg

3:00 P.M. Brookdale Pinecrest 1150 8th Ave SW, Largo

#### Anona United Methodist Church A Multi-Site Community

Phone: 727.595.2581 Website: www.anona.com Fax: 727.593.7269

Monday-Thursday: 9AM - 4PM Friday: 9AM - 2PM

#### **Highlighted Dates!!**

Labor Day—September 3
Church office is closed

All Church—September 10

All are welcome to attend all church meetings (6:30pm)

#### **SEVERAL NEW CLASSES BEGINNING**

Be sure to tune into the Grow page (pg. 9) for all information on upcoming classes including POV that helps us talk about some of the most controversial issues today.

#### Fresh Start Golf Tournament—Sept 27

Register to participate as a single golfer or as a foursome, more information on page 13.

		Position	E-mail Address	Phone Ext.
Pastors	Jack Stephenson	Senior Pastor	jack@anona.com	224
	Richard Landon	Executive Minister	richard@anona.com	243
	Jeremy Herrington	Worship Arts Minister	jeremy@anona.com	236
	Gary Thomas	St. Mark's Minister	gary@anona.com	225
Staff	Jean Berry	Office Admin Assistant	jeanb@anona.com	288
	Terry Collier	Anona Christian Counselor	tlcdivot@gmail.com	727-463-6181
	Sandy Drugash	Dir of New Member Ministry	sandy@anona.com	228
	Penny Kolba	Admin Ass't-Worship Arts	kolbap@anona.com	237
	Cory Osborne	Dir of Student Ministries	cory@anona.com	292
	Erin Padgett	Director of Communications	erin@anona.com	244
	Pam Reeder	Dir of Anona Child Dev Ctr	pam@anona.com	297
	Jamie Sprecher	Director of FX—Family Experience	jamie@anona.com	230
	Casey McKinney	Student Ministry Director	casey@anona.com	298
	Alisa Rushing	Church Administrator	alisa@anona.com	229
	Steve Livers	Multi-site Facilities Manager	steve@anona.com	227
	Jonathan Dennison	Director of Technological Arts	jonathan@anona.com	226
	Michael Mobley	Anona Nights Worship Leader	mike@anona.com	300 <b>19</b>

# Anona United Methodist Church

A Multi-Site Community 13233 Indian Rocks Road Largo, FL 33774 Non-Profit Org U.S. Postage PAID Permit #4000 St. Petersburg, FL

> VOLUME 2018 ISSUE 9 September

An inspirational summer of service by our Proximity team! Thank you students & small group leaders for your outstanding commitment to love & help others.

